# **Fenofex**<sup>®</sup> Fexofenadine Hydrochloride USP

Presentation Fenofex\_60: Each film-coated tablet contains Fexofenadine Hydrochloride USP 60 mg Fenofex\_120: Each film-coated tablet contains Fexofenadine Hydrochloride USP 120 mg Fenofex\_180: Each film-coated tablet contains Fexofenadine Hydrochloride USP 180 mg Fenofex\_suspension: Each 5 ml suspension contains Fexofenadine Hydrochloride USP 30 mg

**Description** Fexofenadine is a second-generation, long lasting H<sub>1</sub>-receptor antagonist which has a selective and peripheral H<sub>1</sub>-antagonistic action. Fexofenadine blocks the H<sub>1</sub>-receptor and thus prevents activation of cells by histamine in the GI tract, large blood vessels and bronchial smooth muscle. This leads to relief of the allergic symptoms. Unlike most other antihistamines, Fexofenadine does not enter the brain from the blood and therefore, does not cause drowsiness. Fexofenadine lacks the cardiotoxic potential, since it does not block the potassium channel involved in repolarization of cardiac cells.

Indications and Uses It is indicated for the relief of symptoms associated with seasonal and perennial allergic rhinitis and chronic idiopathic urticaria.

## Dosage and Administration

Adults: Allergic rhinitis: 120 mg once daily or 60 mg twice daily Urticaria: 180 mg once daily

**Children:** 2-11 years: 30 mg (1 spoonful) or 5 ml twice daily 6 months-2 years: 15 mg (<sup>1</sup>/<sub>2</sub> spoonful) or 2.5 ml twice daily

Side-effects Fexofenadine is generally well tolerated. The most commonly reported adverse events are headache, drowsiness, nausea, and dizziness. The incidence of these events observed with Fexofenadine hydrochloride was similar to that observed with placebo.

Precautions Studies in the elderly, patients with hepatic impairment and patients with cardiac disease exposed to Fexofenadine showed no statistically significant differences compared to healthy individuals. As with most new drugs there is only limited data in the elderly and renally or hepatically impaired patients. Fexofenadine hydrochloride should be administered with care in these special groups.

Use in pregnancy and lactation

Pregnancy Pregnancy Category B. There are no adequate and well controlled studies in pregnant women. Fexofenadine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Lactation ti is not known if Fexofenadine is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Fexofenadine is administered to a nursing woman. Contraindication

Fexofenadine is contraindicated in patients with a known hypersensitivity to Fexofenadine or any of its ingredients.

Drug Interactions Caution should be taken during the concomitant use of Fexofenadine hydrochloride with the following drugs: erythromycin, ketoconazole and antacid containing aluminium and magnesium hydroxide gels.

Overdose In case of an overdose, standard measures to remove any unabsorbed drug should be employed. Symptomatic and supportive treatment is recommended. There has been no reported case of an acute overdose of Fexofenadine hydrochloride.

Storage Store Fenofex at controlled room temperature 20-25° C. Keep all medicnes away from reach of Store Fe children.

Commercial Pack Fenofex\_60: Each box contains 3 blister strips of 10 tablets. Fenofex\_120: Each box contains 2 blister strips of 10 tablets. Fenofex\_180: Each box contains 2 blister strips of 10 tablets. Fenofex\_suspension: Each bottle contains 50 ml suspension.

Manufactured by

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